

## WHAT'S COMING UP

**May 1st**  
May Day

**May 2nd**  
National Brothers and  
Sisters Day

**May 3rd**  
National Space Day

**May 5th**  
Cinco de Mayo

**May 8th**  
Coconut Cream Pie Day

**May 18th**  
National Armed Forces Day

**May 23rd**  
National Taffy Day

**May 24th**  
National Road Trip Day

**May 27th**  
Memorial Day

**May 31st**  
World Parrot Day

## MAY 2024 NEWSLETTER



***Dear Regency Residents, Friends & Family,***

It is hard to believe that May is here and the first quarter of 2024 has come and gone. Riverwood is getting ready to celebrate all our mothers on Mother's Day, our amazing nursing staff during Nurse's Week and the Veterans who lost their lives while serving on Memorial Day. Please look at the Activity Calendar and join us for all the fun activities planned. We also have a new channel offered on the cable network - Balley Sports Southeast. The residents will now be able to watch all the Braves' games, so come and enjoy a Braves game with your family member.

Riverwood wants you to share the beautiful amenities and services of our community through Friends Make the Best Neighbors, Regency Senior Living's resident referral program. If you or a family member is a Riverwood resident, you may know others who might enjoy the exceptional care and service Riverwood provides. We would love to meet your friends and invite them to join our family. When your friend becomes your neighbor, after they have lived with us for 60 days, we will thank you by giving you one month of free rent or a check for \$2500, whichever you prefer.

It is always an honor to serve you and your families. Please let me know if I can do anything for you. My door is always open to listen and learn of new opportunities to serve you better.

***Jeanine Brooks,***  
*Executive Director*

### ***Friends Make the Best Neighbors***

Would you like a free\* month at Riverwood? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident. \*Referring residents will be paid out 60 days from the move-in date.





## Devotional Sponsored by Chaplain Jennifer with Pruitt Hospice

Our residents love the Lord. They are uplifting, loving folks who are always willing to share their testimonies of their walk with him. It warms your heart.



## Employee of the Year Celebration

We had great entertainment, delightful refreshments and a lot of fellowship with Paul Vitt. Our residents love Paul. We hold him dear to our hearts and thank him for all he does for our residents and community. He is a kind soul!



## Easter Celebration

Our residents enjoyed light hors d'oeuvres, entertainment and a visit from the Easter Bunny! We had a cake raffle sponsored by Tapestry Hospice as well. It was a great time.



## Lunch Outing to Las Palmas

Such a sweet group of people at Las Palmas! Our lunch outing was such a fun event.





## National Brother & Sister Day Luncheon

May 2nd at 11:30 am

Riverwood is celebrating National Brother & Sister Day with a luncheon at Harvest Moon Restaurant in historic downtown Rome. Come join us! We look forward to seeing you there!



## Fall Prevention Seminar

May 3rd at 9:00 am

The Fall Prevention Seminar will be sponsored by Trina Robbins with CenterWell.



## Shopping & Lunch

May 7th at 10:00 am

Come join us for a shopping and lunch outing at Duke's Restaurant in Calhoun, GA.





### **Mother's Day Tea**

May 10th at 2:00 pm

Riverwood is celebrating all mothers with a Mother's Day Tea! Come honor our mothers on their special day.



### **Southern Breeze Performance**

May 14th at 2:30 pm

Please come and join in the fun! We will have great music and light refreshments.



### **Dementia Tour**

May 23rd at 10:00 am

The Dementia Tour will be held at Riverwood on May 23rd from 10:00 am - 12:00 pm. The event is sponsored by Trina Robbins with CenterWell.



### **Visit to Etowah Senior Center**

May 29th at 9:30 am

Etowah Senior Center has invited Riverwood to visit! There will be great music, refreshments and a lot of fellowship. The residents are looking forward to a fun-filled morning with friends.





### Nancy Clift

Ms. Nancy Clift joined the Riverwood Community in March of 2023. Nancy has been married for 58 years and counting, and she has three children and six grandchildren. Nancy attended the University of Florida where she received her degree in accounting. She has lived all over the country, moving eight times within twenty years and finally settling in Rome where she retired as a staff accountant. She is a proud member of Second Avenue United Methodist Church and the Rome Social Club. In addition, she has volunteered for many local charitable organizations, including Angel Express. Nancy loves to spend her free time reading, completing word puzzles, adding to her collections and traveling. She has traveled to as many as 17 countries! Nancy also loves cats and has acquired the nickname “Cat Lady.” Thank you for being a part of our community, Nancy! We love you!

**WELCOME NEW RESIDENTS!** 🏠

- Mary Bean Caldwell
- Clifton Bagwell
- Howard Tyler
- Carol Tyler
- Terri Buckholtzs
- Ortha Ward

## Happy Birthday



#### Resident

Kathy Martin            May 5th  
 Gail Allen                May 31st

#### Employee

Jasmine Whatley      May 10th  
 Sabrina Hennon        May 15th  
 Steven Mathis          May 15th  
 Gabby Ammons        May 19th  
 Elisa Booth              May 26th

### FUN FACTS

- » The name May is the modern-day English adaptation of the Latin word Maius, which has origins going back to the time of the ancient Greeks. They named the month of May (or Maius) after Maia, the Greek goddess of growth.
- » The word May wasn't actually used until the Middle Ages were on their way out, around the 15th Century A.D. Up until then, the Roman word Maius was still used.
- » May used to have a very different name in Old English. Back then, the month was referred to as the “month of three milkings.” Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!
- » May was once considered an incredibly ill-omened time to get married. There's an adage for it actually, which goes: “Marry in May and you'll rue the day.” It's not clear where exactly the saying comes from, but there must have been a pretty good reason not to get married in one of the most beautiful months of the year!
- » Did you know that there is a Cornish superstition that buying a new broom in May is unlucky. Oh, and apparently, you shouldn't wash any blankets either!
- » May is the month that the Eurovision song contest is held every year. For those not in the know, Eurovision is an international song contest that has been held every year since 1956. Some of the contest winners over the years have gone on to be incredibly successful groups, with the most notable being ABBA!

WORD FIND

B U R G E R U R A M E R I C A N D Y U W E L R E C  
 H Y G Y N C I T Y S C A P E X Z Y Z B W D F R U O  
 W M I L I T A R Y A W I U X C J N F U I F M R R R  
 E K Q S Q J Y O L G K E M E R A L D S W D L F O N  
 A T G B E S S A A T A U R U S H B W X H N J I V I  
 R S E O C O K P H H K B A T I G A R L A N D S I S  
 T D M R A I L R O A D K B E Y M A F U B H J P S H  
 H W I T R A N S C O N T I N E N T A L L S C S I E  
 B B N T B O W E F G M G R E E K L Q U Q L H K O K  
 K G I R R S W Z G Y U W G C M A R R Y O C Q Y N M

EMERALDS  
 TAURUS  
 MARRY

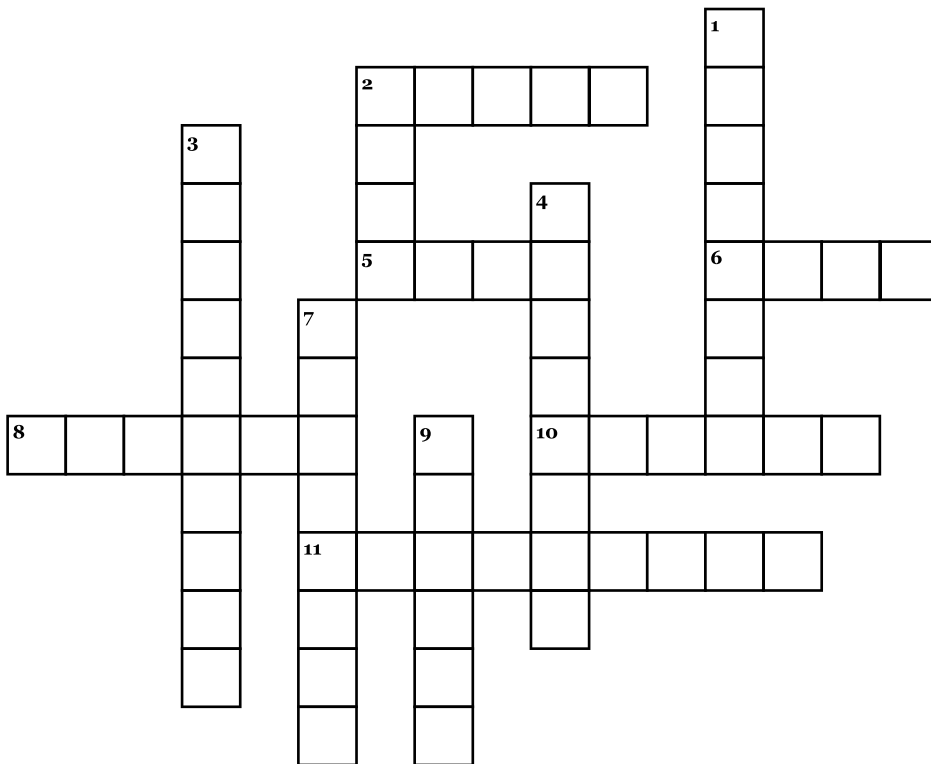
EARTH  
 CITYSCAPE  
 CORNISH

BURGER  
 GEMINI  
 TRANSCONTINENTAL

RAILROAD  
 AMERICAN  
 GARLANDS

EUROVISION  
 GREEK  
 MILITARY

CROSSWORD



Down

1. A former Queen of England
2. Greek goddess of growth
3. Song contest
4. May birth flower
7. May birthstone
9. May Zodiac sign

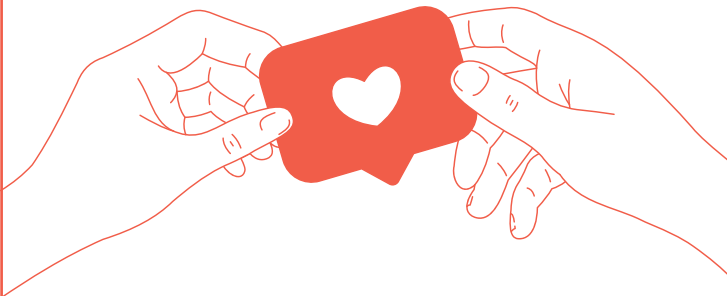
Across

2. Latin word for May
5. Swedish music group
6. Roman poet
8. The \_\_\_\_\_ State Building
10. State that celebrates Lei Day
11. Meteor shower called the Eta \_\_\_\_\_

# Stay Connected!

## Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



## EMPLOYEE OF THE MONTH

### Sam Waddell

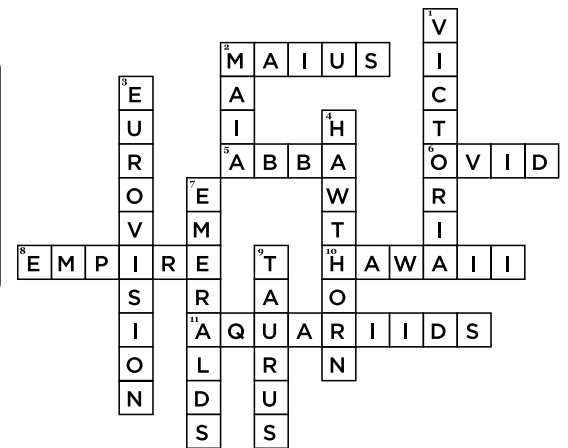


Congratulations to Ms. Sam Waddell, LPN, for being selected as our Employee of the Month for May! Ms. Waddell is our Memory Care Coordinator. Ms. Waddell enjoys working at Riverwood because she likes having the ability to

make a direct difference in the lives of others. In a world that becomes so confusing so quickly, she hopes to provide some consistency and clarity for her residents. She views her residents as her own family. Outside of work, she enjoys spending time with her 3 children. Sam is an asset to our community. We thank you for all you do for our residents and community.

## ANSWER KEY

B U R G E R U R A M E R I C A N D Y U W E L R E C  
 H Y G Y N C I T Y S C A P E X Z Y Z B W D F R U R O  
 W M I L I T A R Y A W I U X C J N F U I F M R R R N  
 E K Q S Q J Y O L G K E M E R A L D S W D L F O N  
 A T G B E S S A A T A U R U S H B W X H N J I V I S  
 R S E O C O K P H H K B A T I G A R L A N D S I S H  
 T D M R A I L R O A D K B E Y M A F U B H J P S H  
 H W I T R A N S C O N T I N E N T A L L S C S I E  
 B B N T B O W E F G M G R E E K L Q U Q L H K O K  
 K G I R R S W Z G Y U W G C M A R R Y O C Q Y N M



## CONNECT WITH US

[Facebook.com/RiverwoodRetirementRome](https://www.facebook.com/RiverwoodRetirementRome)

[RiverwoodRetirement.com](http://RiverwoodRetirement.com)

### Riverwood's mission is to

- Serve our residents and families while
- Engaging in relationships
- Respecting individuality and
- Valuing the contributions of those who
- Evolve our care every day