

## WHAT'S COMING UP

### September 4th

National Wildlife Day  
Labor Day

### September 5th

International Day of Charity

### September 6th

National Read a Book Day

### September 8th

World Physical Therapy Day

### September 9th

International Sudoku Day

### September 10th

Grandparents Day

### September 11th

Patriot Day

### September 15th

POW/MIA Recognition Day  
Rosh Hashanah

### September 16th

National Trail of Tears  
Commemoration Day

### September 21st

World Alzheimer's Day  
World Gratitude Day

### September 22nd

Native American Day  
Falls Prevention Awareness  
Day

### September 23rd

Fall Equinox

### September 25th

National Cooking Day

### September 28th

National Good Neighbor Day



## SEPTEMBER 2023 NEWSLETTER



### ***Greetings Riverwood Family & Friends!***

Wow, this year certainly has flown by. Just like the old phrase, "Time flies when you're having fun." We had a great time at our Luau in Memory Care, and we want to thank you for being a part of these special events.

September marks the end of summer and the start of the fall season. While we all enjoyed the summer heat, I am most excited to see the leaves changing colors, sit by a bonfire, and snuggle up on the couch drinking hot chocolate! We have a jam packed schedule the month of September. We will be visiting Tranquility Gardens at Rome Labyrinth and Copper Creek Farm in Calhoun to see the sunflowers!

We will be hosting our very own fall festival on Friday, September 22nd from 1:00 pm to 3:00 pm to kick start the new season. There will be food, music and fun. Bring your family and friends to join in on the celebration while we make precious memories together.

The terrorist attacks of September 11, 2001 brought loss and grief on a scale we had never known. But in the dark days that followed, the indomitable spirit of our city and nation shined more brightly than ever as stories of heroism and sacrifice inspired us all. We will be having a moment of silence at 8:46 am on September 11th followed by a prayer as we pay tribute to the victims and honor the survivors.

As always, thank you for choosing to make Riverwood Senior Living home for yourself or a loved one.

***Selina Bradley,***  
*Executive Director*

### ***Friends Make the Best Neighbors***

Would you like a free\* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

*\*Referring residents will be paid out 90 days from the move-in date.*



## Trip to Jim 'N Nick's BBQ

Residents had a great time eating a delicious BBQ meal and enjoying each other's fellowship! We had a lot of laughs.



## "Step on It" Campaign

We kicked off the "Step on It" campaign on August 2nd with Trina Robbins of CenterWell leading the march. We are walking from Rome, GA to Washington, DC! It will be 656 miles.





## National Book Lovers Day

We had a wonderful trip to the Sarah Hightower Regional Library. Residents had a blast touring the library and picking out their favorite novels.



## Fun in the Sun

We had a great time enjoying music, great treats and water games. Thank you to Tapestry Hospice for joining in the celebration!







## **Lunch Outing to Appalachian Grill**

September 5th from 10:30 am to 1:00 pm

Join us on an outing to the Appalachian Grill in Cartersville, GA, for a yummy meal and time with one another.



## **In Memory of 9/11**

September 11th at 11:00 am

A memorial ceremony and a moment of silence will be held to remember those who lost their lives on 9/11 and the first responders who saved so many lives that day with their heroic actions.



## **Lunch Outing and Museum Trip**

September 12th

from 11:00 am to 2:00 pm

In celebration of National Assisted Living Week, we're going out to lunch at Pick O' Deli restaurant and taking a tour of the History Museum of Rome!





### Tranquility Gardens of Rome Tour

September 14th from  
2:00 pm to 3:30 pm

Take in the beautiful sights and sounds of nature with us on our tour of the Tranquility Gardens of Rome.



### Rock N' Roll Party

September 15th at 10:00 am

Get your dancing shoe ready! We're going to rock and roll to the oldies with Butch Reece.



### Fall Festival

September 22nd  
from 1:00 pm to 3:00 pm

Come join us for live entertainment, lovely hors d'oeuvres and a competitive cake walk!

Let's celebrate the fall season with fun and laughter.



### Sunflower Fields at Copper Creek Farms

September 29th  
from 1:00 pm to 3:00 pm

At the end of September we'll visit Copper Creek Farms in Calhoun, GA for some fall fun in the sunflower fields. Don't miss this trip!



## Joe Carver

Mrs. Joe Carver joined the Riverwood community in January of 2023. Joe was born in Alabama and is the youngest of thirteen children. After marrying her husband, Max, the couple relocated to Armuchee and had four children. Joe built a career for herself in finance and retired after many years of co-owning a company with her husband. She takes pride in being an active member and pianist for Sunnyside Baptist Church. Her hobbies include playing the piano, softball, and spreading her love for the Lord. Joe's upbeat personality brightens any room she walks into and she acts as if she has never met a stranger. Thank you for being beautiful inside and out, Joe! We love you!

## WELCOME NEW RESIDENTS! 🏠

John Anderson  
David Conner  
Noaleen Ingalsbe  
Mary Ensley  
Jamie Frady  
Cynthia Fennell



## Happy Birthday



### Resident

Claudette Van-Vlake Sept. 6th  
Alivis Trotter Sept. 6th  
Dr. Andres Alisago Sept. 19th  
Jackie Brown Sept. 28th

### Employee

Ashley Harp Sept. 16th  
Jeanine Brooks Sept. 30th



## FUN FACTS

- » Many famous people were born in September, including Beyoncé, Keanu Reeves, Freddie Mercury, Stephen King, Estee Lauder, and Sophia Loren, to name just a few. Bask in this fact knowing you share the same birth months as these amazing people.
- » In addition to Labor Day, September is a month of remembrance for many people. It's a time to honor and remember those who have made sacrifices for their country, their community, or their loved ones.
- » Some of the observances during this month include Patriot Day on September 11th, POW/MIA Recognition Day on September 18th, and Gold Star Mother's Day on the last Sunday in September, which honors the mothers who have lost a child in military service.
- » A McDonald's fact that you should know is that in September 1960, the famous "Golden Arches" logo was introduced. Adding to that, the first McDonald's restaurant in Europe opened in Amsterdam, Netherlands.
- » If you're a fan of chicken, you'll be happy to know that September is National Chicken Month in the United States. This month-long celebration is all about recognizing the many delicious ways to prepare and enjoy chicken.
- » September is a great time to focus on self-improvement. Whether learning a new skill, taking up a new hobby like martial arts, or setting goals for the future, this month is all about personal growth and development.
- » Did you know that September has more pop and classic songs with its name in the title than any other month? Some of the most famous songs include "September" by Earth, Wind & Fire, "Wake Me Up When September Ends" by Green Day, and "September Song" by Frank Sinatra. This just goes to show how much this month has inspired musicians over the years.





# WORD FIND

P	P	H	U	G	P	D	C	K	H	T	K	E	I	S	O	V	I	E	T	Q	B	G	B	C
P	I	H	U	H	S	Y	R	I	L	H	K	I	C	M	I	O	E	R	R	N	D	A	X	R
Q	L	D	Q	R	H	F	R	N	S	C	E	A	Q	L	H	E	I	H	A	E	U	B	C	U
U	G	V	Y	E	R	L	C	G	M	O	O	R	P	R	I	K	V	A	N	P	R	C	C	S
E	R	Q	I	Q	O	I	I	J	T	P	L	N	C	L	F	P	I	L	G	T	R	S	K	A
E	I	F	X	F	W	F	C	B	V	E	M	A	G	U	V	P	S	L	E	U	I	E	F	D
N	M	U	R	P	J	G	H	A	E	I	I	K	R	R	L	S	S	E	R	N	P	J	D	E
U	S	A	L	A	D	I	N	I	N	R	Q	A	B	O	E	E	T	Y	A	E	N	Z	P	A
C	K	Q	K	L	N	B	T	Y	M	E	T	L	R	A	K	S	S	B	A	B	N	H	W	G
H	S	E	S	X	V	N	A	C	Y	B	U	Y	V	E	L	G	S	D	M	H	H	T	N	S

QUEEN

NEPTUNE

SALADIN

HURRICANE

SOVIET

HERCULES

SOLAR

LIBERTY

PILGRIMS

ECLIPSE

CRUSADE

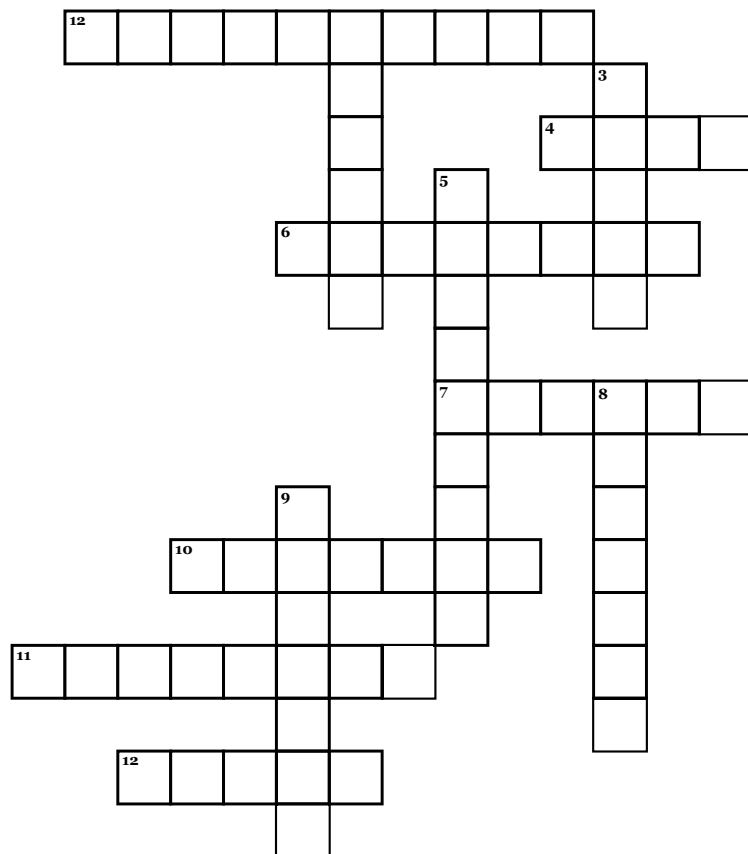
HALLEY

RANGER

KING

CONGRESS

# CROSSWORD



## Down

2. Comet discoverer
3. President of Jamestown colony \_\_\_\_\_ Smith
5. \_\_\_\_\_Where Are You?!
8. Gottfried Galle discovered the planet
9. Muslim general

## Across

1. Soviet Premier
4. "Queen of Scots" \_\_\_\_\_ Stuart
6. Legendary man-god
7. America's first newsboy \_\_\_\_\_ Flaherty
10. Lone Ranger \_\_\_\_\_ Moore
11. First US black delegate Frederick
12. Michelangelo's sculpture

## Stay Connected!

### Join Our Facebook Group

Did you know Facebook use is higher by 18% on Thursday and Friday? Log on and see what's happening in our Friends & Family group! Scan the QR Code below to join!



## EMPLOYEE OF THE MONTH

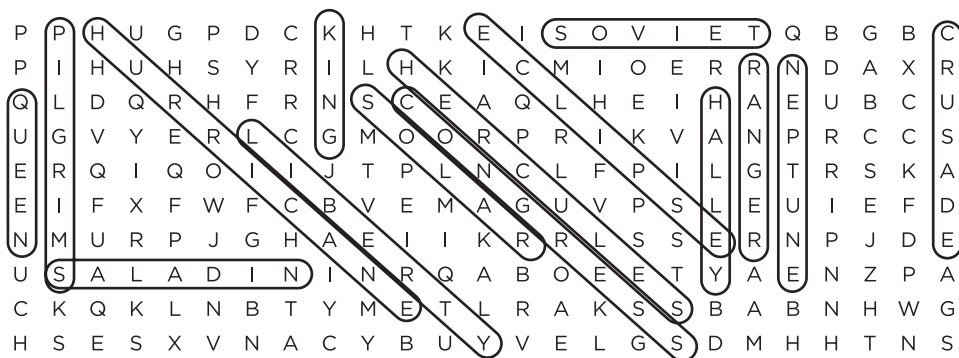
### BECKY REEVES



Congratulations to Becky Reeves for being our Employee of the Month for September! Ms. Reeves is a MedTech at Riverwood. She says her favorite things about Riverwood are the residents and her coworkers, and that making her coworkers and

residents smile makes the job worth it! She loves spending time talking with the residents and listening to their stories. Outside of her job, Becky loves spending time with her kids and grandkids. We appreciate you and all you do for Riverwood, Ms. Reeves

## ANSWER KEY



## CONNECT WITH US

[Facebook.com/RiverwoodRetirementRome](https://www.facebook.com/RiverwoodRetirementRome)

[RiverwoodRetirement.com](https://www.RiverwoodRetirement.com)

