

## WHAT'S COMING UP

**July 4th**

Independence Day

**July 7th**

National Father Daughter  
Take a Walk Day  
World Chocolate Day

**July 14th**

National Mac and  
Cheese Day

**July 16th**

National Ice Cream Day

**July 19th**

National Hot Dog Day

**July 23rd**

National Parents' Day

**July 28th**

Buffalo Soldiers Day

**July 30th**

International Day of  
Friendship



## JULY 2023 NEWSLETTER



### ***Family and Friends of Riverwood,***

Sunny summer days are finally here! Our residents are enjoying sitting out on the porch, breathing in the fresh air, and soaking up the sunshine! Some of my most fond memories as a child were sitting on the front porch with my grandparents, drinking fresh lemonade, and eating watermelon to cool off from the summer heat. When you are outdoors, ensure you are staying hydrated and wearing sunscreen!

June was a fun-filled month with a fishing trip to the Georgia Highland Lake and a community party where we enjoyed a cookout, entertainment, games, and a petting zoo! Stay tuned for more info on all the excitement we have scheduled for July.

You may wonder, "Why do we celebrate the 4th of July?" It marks the day the Declaration of Independence was adopted (July 4, 1776), and the United States officially became its own nation. American citizens celebrate America's birthday with festivals, parades, fireworks, barbecues, and other festive activities. Historians think this is thanks to a letter written by John Adams, who helped write the Declaration and would also go on to be the second U.S. president. In his letter to his wife, Abigail, Adams predicted that future generations would celebrate the colonists' independence as an annual festival with parades and bonfires. It's no wonder that this holiday has turned out to be such a blast!

As always, thank you for choosing to make Riverwood home for yourself or a loved one.

***Sincerely,***

*Selina Bradley, Executive Director*

### ***Friends Make the Best Neighbors***

Would you like a free\* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident. \*Referring residents will be paid out 90 days from the move-in date.



## Honoring Memorial Day

Riverwood remembered our veterans on Memorial Day who made the ultimate sacrifice for our freedom. Ms. Beth Green read the names of our loved ones, and a moment of silence was given in honor of them.



## Strawberry Picking

Our residents enjoyed an outing to pick strawberries at LCCL Strawberry Farm.



# Happy Hour

Our residents enjoyed having a Happy Hour with friends on the porch.



# National Flag Day

Our residents loved showing off their patriotism and celebrating the National Flag Day.



## Riverwood Celebrating the 4th of July

July 3rd at 12:00 pm – 2:30 pm

We are celebrating with a delightful barbeque lunch, live entertainment, and a watermelon contest!



## Touring the Western Booth Art Museum

July 5th at 10:00 am – 12:00 pm

Our residents are excited to tour the Western Booth Museum! They are getting their cowboy hats ready!



## Antique Shopping in Rockmart

July 11th at 10:00 am – 12:00 pm

We will be taking a trip to Rockmart, GA to do some antique shopping with our residents.



### Picnic in the Park at Cave Springs Park

July 19th at 11:00 am – 2:30 pm

The Cave Spring Park has remains of old cabins, creeks, ponds, and a small cave with a spring in it. Our residents are looking forward to this picnic!



### Georgia Mountain Music

July 20th at 2:30 pm – 3:30 pm

Get ready for some toe-tapping because in July we will be enjoying some Georgia Mountain Music!



### Touring the House o' Dreams

July 25th at 10:30 am – 12:00 pm

Berry College's House o' Dreams is a large stone and board-and-batten cottage on top of Lavender Mountain. This tour will be fun and educational!



### "Step on it" Walking Campaign

July 26th at 10:00 am – 11:00 am

The "Step on it" Walking Campaign is intended to keep our residents healthy and is sponsored by Trina from CenterWell.

**Save  
the  
Date**

**July 3rd** — 4th of July Celebration  
**July 5th** — Western Booth Art Museum  
**July 11th** — Antique Shopping

**July 19th** — Picnic in the Park  
**July 20th** — Georgia Mountain Music  
**July 25th** — House O' Dream Tour



## Dorothy Kitchens

Ms. Dorothy Kitchens came to Riverwood in January after living in the center of Mississippi for 80 years. She is a loving and caring person and was a nurse for 27 years. Ms. Kitchen was also married for 50 years. Her dazzling personality inspires you to love her instantly! She enjoys puzzles, bingo, and gardening. Thank you for being a part of our community, Dorothy!

WELCOME NEW  
RESIDENTS! 

Bill Taylor



# Happy Birthday



### Resident

Barbara Curtis	July 6th
Pluma Orr	July 12th
Beth Green	July 15th
Joe Ozment	July 15th
Danny Corley	July 16th
Glenda Parker	July 29th

### Employee

Balleigh Sprayberry	July 2nd
Lisa Caldwell	July 2nd
Brandi Rakita	July 13th



## FUN FACTS

- » Many countries have their Independence Day in July. These include the United States, Belarus, Venezuela, Argentina, Belgium, the Bahamas, and the Maldives. The national days for France and Canada occur in July as well.
- » July's birthstone, the ruby, is often associated with contentment, love, passion, and integrity.
- » July 27th is "Take Your Houseplants for a Walk Day."
- » July's full Moon, the Full Buck Moon, occurs on Monday, July 3. It reaches peak illumination at 7:39 A.M. (EDT) that morning, rising above the horizon after sunrise—but, it will seem spectacular in the night sky. Plus, it's the most prominent and brightest supermoon of the year.
- » The Tour de Donut is a 30-mile bike race in Illinois where riders take 5 minutes off their time for each donut they eat along the way. It takes place on July 8th this year.
- » Leo is the fifth astrological sign in the Zodiac, represented by the Lion. It is associated with the element of fire and is considered a fixed sign. Those born under this sign are said to be confident, ambitious, and proud.
- » On July 1, 1881, the world's first international telephone call was made between St. Stephen, New Brunswick, Canada, and Calais, Maine, United States.
- » Sliced bread was sold for the first time, by the Chillicothe Baking Company of Chillicothe, Missouri on July 7, 1928.

## WORD FIND

K	T	O	U	R	Z	U	P	U	N	B	G	S	W	F	H	C	D	N	E	M	I	M	C	V
R	L	W	X	S	H	X	W	J	M	O	O	N	L	I	N	Y	S	U	M	M	E	R	B	X
U	G	I	N	D	E	P	E	N	D	E	N	C	E	R	A	P	P	L	T	D	X	B	P	D
B	S	B	B	M	M	U	S	B	E	C	B	U	Z	E	S	T	W	L	J	X	I	L	J	E
Y	K	N	G	E	E	X	R	Q	G	O	Y	C	P	W	A	E	E	N	D	R	D	L	B	B
D	Z	H	M	Q	R	F	R	S	L	S	S	N	F	O	T	Z	P	J	O	O	W	J	I	R
K	R	W	F	S	V	T	T	I	N	E	J	U	O	R	G	E	C	B	E	A	N	S	W	E
J	U	L	I	U	S	F	Y	D	U	D	O	Z	R	K	Q	O	K	Y	A	M	W	U	M	A
S	E	I	N	F	E	L	D	J	U	S	Q	O	D	S	Y	Y	T	D	X	F	N	A	T	D
Y	K	X	K	L	A	A	X	F	D	W	O	F	J	X	S	K	L	B	E	W	V	J	Z	D

SUMMER

LEO

BEANS

BREAD

JULIUS

MOON

FIREWORKS

RUBY

NASA

TOUR

SEINFELD

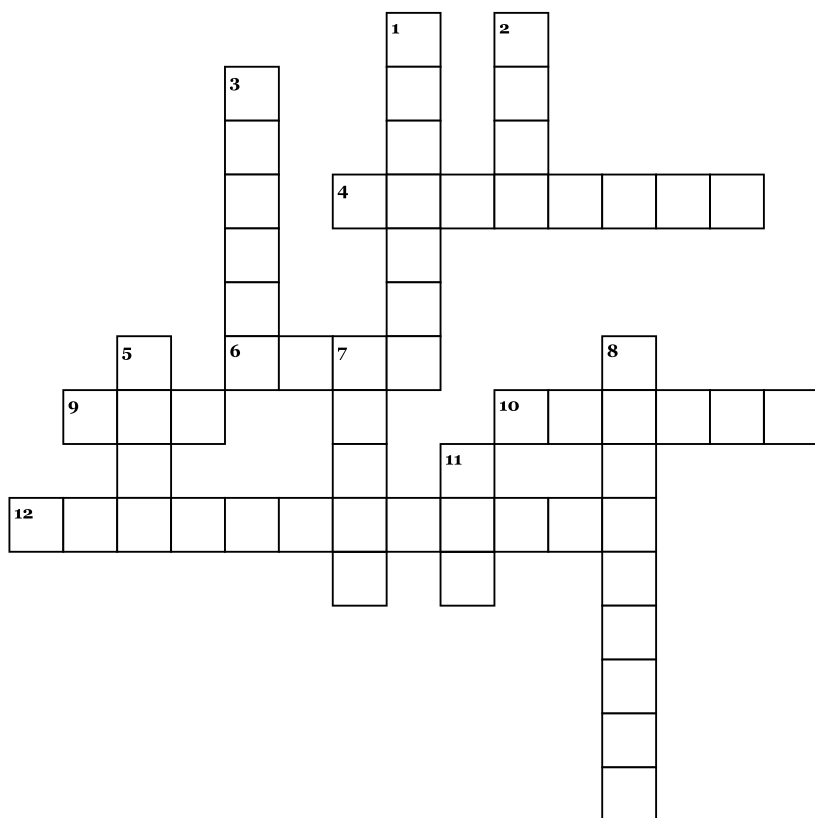
INDEPENDENCE

LIBERTY

FORD

DONUT

## CROSSWORD

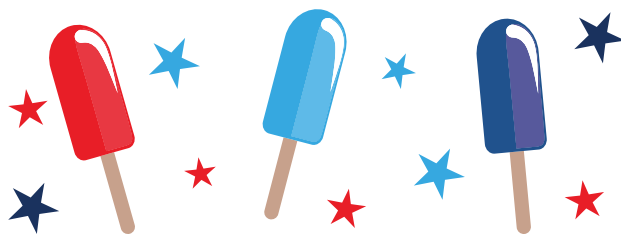


### Down

1. Bell found in Pennsylvania
2. Neil and Buzz walked on this
3. July's namesake
5. Mustang company
7. Popular BBQ side dish
8. Colorful explosions
11. The lion of astrology

### Across

4. Show with Jerry and friends
6. Red stone
9. \_\_\_\_ days of Summer,
10. The best thing since \_\_\_\_ bread
12. What July 4th represents



## Stay Connected!

### Join Our Facebook Group

Scan the QR Code below to join our exclusive Friends & Family community on Facebook, and stay up to date on all things Riverwood.



## EMPLOYEE OF THE MONTH

### Elisa Booth

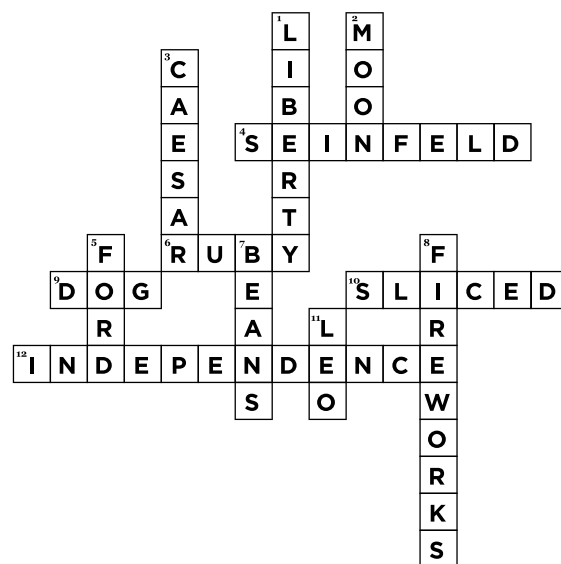
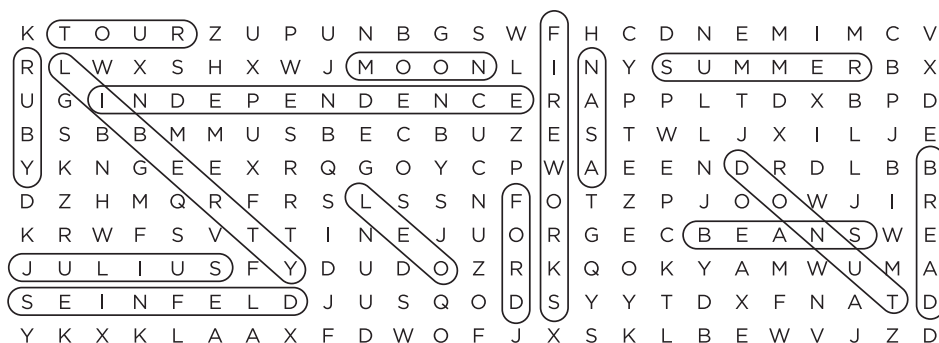


Congratulations to Elisa Booth for being our Employee of the Month for July!

Ms. Booth is a Medtech at Riverwood. She is going into her junior year at Brenau University in Gainesville, GA, and recently passed the nursing entrance exam. She

will begin the nursing program this Fall! She is a member of the sorority Alpha Gamma Delta, and in her free time Elisa enjoys calligraphy writing, art, and creative writing. Thank you, Elisa, for all your hard work and dedication to our residents!

## ANSWER KEY



## CONNECT WITH US

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