

WHAT'S COMING UP

March 1st

World Compliment Day

March 2nd

Tellus Science
Museum Tour

March 3rd

World Day of Prayer

March 6th

New Residents Meet
and Greet

March 7th

Purim

March 12th

Daylight Saving
Time Starts

March 11th

Johnny Appleseed Day

March 14th

Health & Wellness Lecture
Series

March 17th

St. Patrick's Day

March 21st

Museum of Flight Tour

March 25th

International Waffle Day

March 29th

Shorter University Tour



MARCH 2023 NEWSLETTER



Residents, Family and Friends,

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. — Romans 15:13

March is here, and with it comes the new life of spring. Flowers are beginning to bloom, the weather is getting warmer, and the sun is shining on all.

We are happy to offer several trips this month and encourage all of our residents to take advantage of the beautiful spring weather. We will be visiting the Tellus Science Museum in Cartersville, the Museum of Flight in Paulding County, and for those who don't want to travel quite as far, we are also touring Shorter University!

Of course, how could we celebrate March without St. Patrick's Day. We hope you'll join us for our Friends and Family Celebration on the 17th!

Sláinte!

Sincerely,
Your Riverwood Family



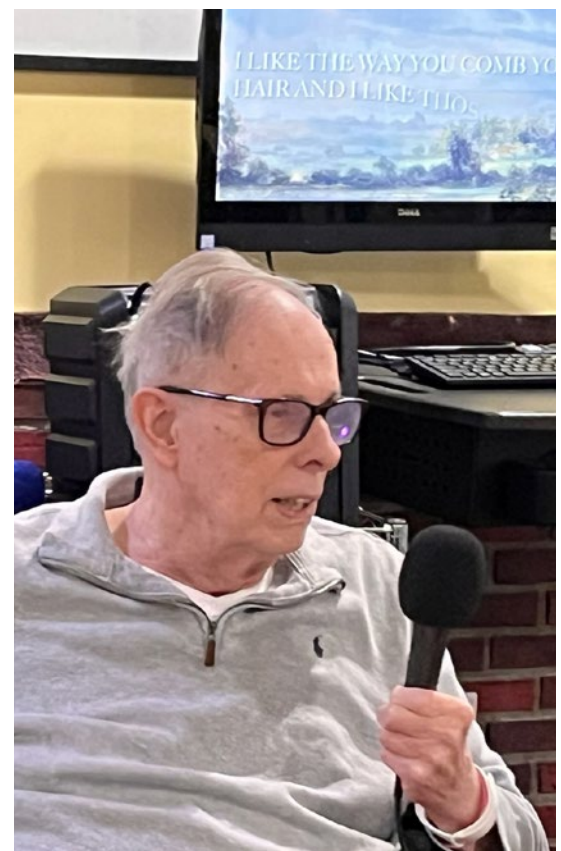
Riverwood enjoyed celebrating our Family Connection Social — February

Everyone enjoyed a wonderful lunch. We had live entertainment and decorated cupcakes. We danced and had a great time!



Residents enjoyed the performance by Georgia Mountain Music on February 9th! — February

We enjoyed the sound of home! Our residents love to sing along to their favorite songs. We had a great time and laughter filled the room.



Trina Robbins with CenterWells sang her heart out for Riverwood! — February

We had a blast! We had everyone up singing and dancing. The residents love Trina!





Tellus Science Museum Tour

March 2nd at 1:30 pm

Tellus Science Museum is a natural history and science museum in Cartersville, GA. The facility is over 120,000 square feet and is an affiliate of Smithsonian Institution!



New Residents Meet and Greet

March 6th at 2:30 pm

We will be serving our famous sundaes and getting to know our new neighbors at Riverwood!



Health & Wellness Lecture Series

March 14th at 10:30 am

Join us for our Health & Wellness Lecture Series on March 14th from 10:30 a.m. to 11:30 a.m.



St. Patrick's Day Family and Friends Celebration

March 17th

We will have a delightful lunch, live entertainment, and fellowship together. There will be a lot of laughter! We can not wait!



Lunch at Cracker Barrel

March 22nd at 11:30 am

Join us for you favorite home-style dishes on this lunch outing to the Cracker Barrel in Adairsville!



Museum of Flight Tour

March 21st at 1:30 pm

The Museum of Flight in Paulding County, GA, has aviation & military memorabilia.



Shorter University Tour

March 29th at 10:00 am

Founded in 1873, Shorter University is a christ-centered, four year liberal art university committed to excellence in education.

Save
the
Date

Mar. 2nd — Tellus Museum Tour

Mar. 6th — Meet & Greet

Mar. 14th — Health & Wellness

Mar. 17th — St Patrick's Day

Mar. 21st — Museum of Flight Tour

Mar. 29th — Shorter University Tour



Ann Davidson

Ann Davidson was recently honored for her excellence. Ms. Davidson coached every sport at East Rome High School from basketball to tennis. While she loved to coach, her passion for the game of golf reigned superior to all the rest. She coached golf at many different levels from high school to college. Ms. Davidson played professional golf on the LPGA circuit as well.

An inductee to the National Golf Coaches Association Hall of Fame, Ann Davidson guided the Methodist University Monarch golf team to five consecutive National Championships during her five seasons as head coach from 1990-95. She produced 17 All-Americans and four National Champions.

After retiring from Methodist in 1995, she served the golf industry at camps and tournaments as a LPGA teaching professional.

WELCOME NEW RESIDENTS!

Peggy Haywood	Dorothy Kitchens
Barbara Davis	Judy Burton
Nancy Pickering	Ray Marchman
Gladys Heath	Montyne Cunningham
Betty Leach	Dr. Andrea Alisago
Gloria Lamanna	James Orr
Jo Carver	Pluma Orr
Harold Shaw	
Alvis Trotter	
Mary Payton	

Happy Birthday



Resident

Kimberly Wilson	Mar. 2nd
Gladys Heath	Mar. 12th
Judy Burton	Mar. 14th
Latricia Wilson	Mar. 15th
Joy Littlejohn	Mar. 18th
Anne Medlock	Mar. 19th
Nancy Pickering	Mar. 23rd
Sue Hoban	Mar. 27th
Wayne Stephenson	Mar. 30th

Employee

Dylan Simmons	Mar. 5th
Arlicia Chubb	Mar. 7th
Amanda Weeks	Mar. 30th

FUN FACTS

- » In old Roman calendars, one year used to be ten months long, starting in March and ending in December.
- » In the Roman calendar, the "Ides of March" was equivalent to March 15th. It was considered a deadline for settling debts. It was also the day Julius Caesar was assassinated.
- » If you were born in March, your birth flower is a daffodil!
- » March babies are spoiled with two birthstones: aquamarine and bloodstone, which symbolize courage.
- » There are two zodiac signs in March. Pisces, which is until March 20, and Aries, which is from the 21st.
- » The first month of spring is March, which starts between the 19th and the 21st.
- » March is the equivalent of September in the Southern Hemisphere.
- » Every year, March and June finish on the same day of the week.
- » March is the time of year when animals start waking up from hibernation.

WORD FIND

V N W T H E D H S V M A D N E S S A P M A W U M F
I Y K M C C Q R Z P M F N P U W D B J I V A I D H
L J S M I A E U O K H L L I C U H K P S S A V F U
W P S O S E Q A A M X E I F F E L M Z V D C J B G
S E S J E S U R M T A D M T X D W N I V Z U E X H
T A A T E A I I A M O N F P H O N E T B P U Q S L
O C X A I R N E R W V R L K Q R U L O E B Z X A F
R E O T W J O S S L Q X R V B Z V Y W L Y O L U T
M W N V M M X I J F O S Q H M E A E E L H V R Z E
Y E S Z G V N Q E O H N Z M K K I F R F G F Y U A

MARS
EQUATOR
PHONE

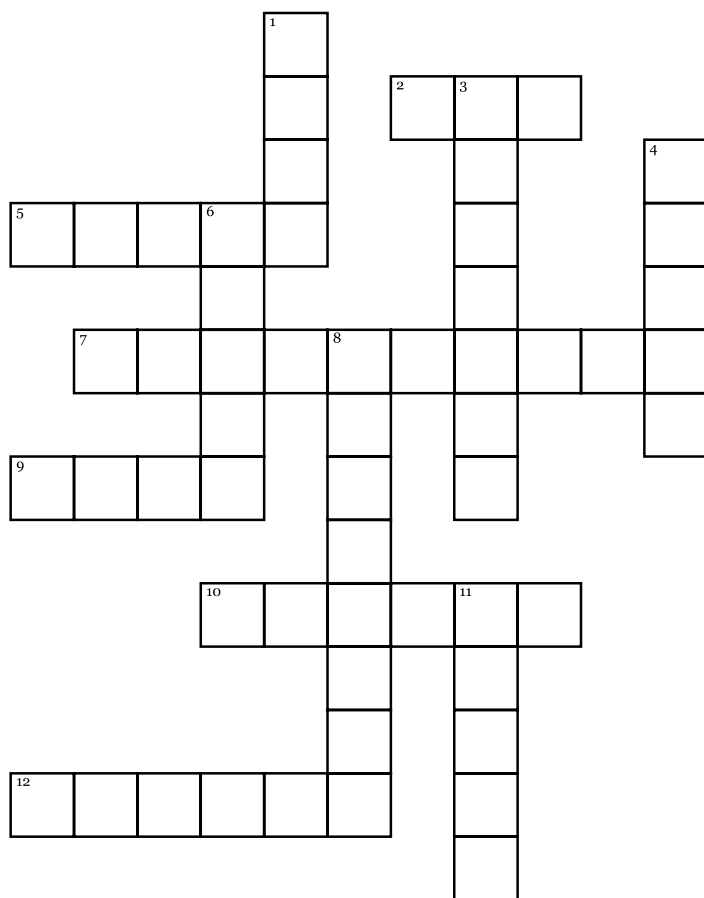
ARIES
PISCES
ROMAN

MADNESS
STORMY
SAXONS

EQUINOX
EIFFEL
PEACE

BELL
CAESAR
TOWER

CROSS-WORD



Down

1. The name for March comes from _____
3. The Vernal Equinox is when the sun is directly above the _____
4. There are two zodiac signs in March. Pisces, and _____
6. Alexander Graham Bell made the first-ever _____ call on March 10th
8. If you were born in March, your birth flower is a _____
11. Julius Caesar was assassinated on the 15th of _____

Across

2. In old Roman calendars, one year used to be _____ months long
5. John F. Kennedy founded the Peace _____ on March 1, 1961
7. March birthstones are aquamarine and _____
9. Every year, March, and _____ finish on the same day of the week
10. The Anglo-Saxons called March "_____ month"
12. The _____ Tower was ascended for the first time on March 31, 1889.

EMPLOYEE OF THE YEAR

Kristy Austin



We are so excited to announce that Kristy Austin has been awarded our Employee of the Year for Riverwood! Ms. Austin has been a devoted caregiver, and our residents love Kristy! Family is something that is very special to her.

Shannon Shirey, Director of Nursing, states that we could not have a more caring and

compassionate person than Kristy. She comes in with a smile on her face, a positive attitude, a willingness to learn, and always goes above and beyond. Kristy was meant to be a caregiver.

Thank you for your hard work, Kristy, we appreciate you!

EMPLOYEE OF THE MONTH

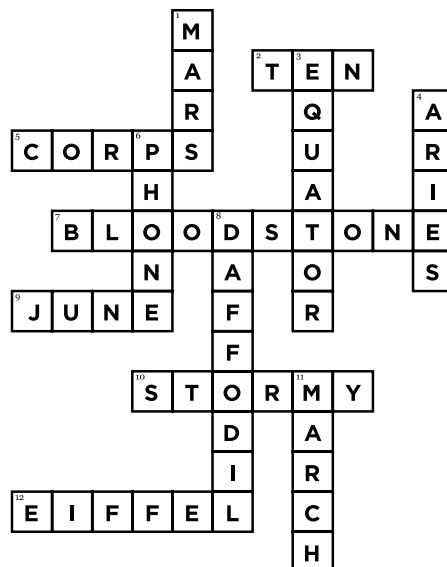
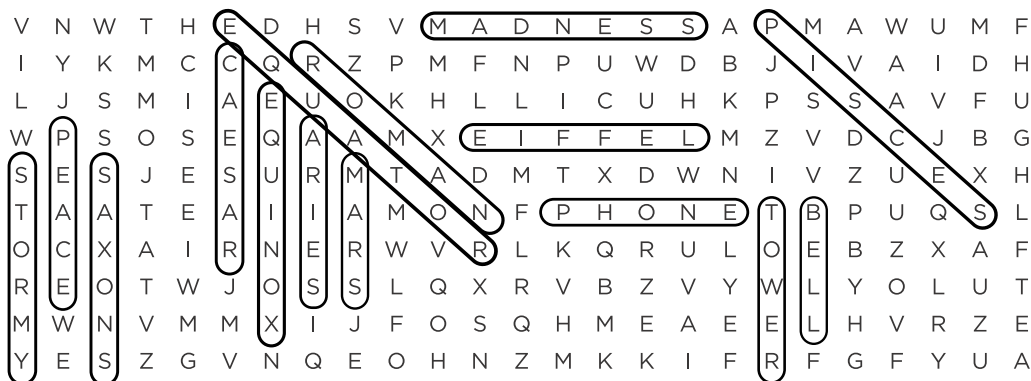
Haven Shirey



Congratulations to Haven Shirey for being Employee of the Month for March! Mr. Shirey is a Medication Aide at Riverwood. Mr. Shirey graduated from Armuchee High School in 2020. He also obtained his CNA license.

He is currently a student at Georgia Highlands College and Haven is working toward a Bachelor of Science in Nursing. Haven has been in the medical field for three years and has worked in the Urology/Orthopedic floor of Northside Hospital in Atlanta. Haven enjoys working at Riverwood and talking to all of the residents. Thank you Haven for all you do! We appreciate you! You are an asset to our team at Riverwood.

ANSWER KEY



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