

WHAT'S COMING UP

February 1st

National Freedom Day
First Day of Black
History Month

February 2nd

Groundhog Day

February 4th

World Cancer Day

February 7th

Rose Day

February 9th

National Pizza Day

February 12th

Super Bowl Sunday

February 14th

Valentine's Day

February 20th

Presidents' Day

February 21st

Mardi Gras

February 28th

National Chocolate
Souffle Day



FEBRUARY 2023 NEWSLETTER



Greetings Riverwood Family and Friends!

Happy February! The cold weather has certainly arrived, and it's time to bundle up!

Please continue to stay active by walking the halls or attending our daily exercise class! Find a friend to walk with and chat as you go. We would like to encourage good health by reminding everyone to wash their hands frequently to keep the cold and flu at bay! Let's stay healthy together as we look forward to those warmer months.

We are sending out communications for upcoming events and reminders to families through Call Multiplier. If you are not receiving these communication, please reach out to me at sbradley@riverwoodretirement.com

Would you like to receive a free* month at Riverwood? Don't forget about our "Friends Make the Best Neighbors" promotion. Invite your friends to move into our community and receive a check for \$2500 or a free month for each referral who becomes a resident.

**referring residents will be paid out after 90 days after the move-in date.*

Be sure to check out our calendar for the month, we would love for you to attend some of the exciting events we have planned!

Much Love,

Selina Bradley,
Executive Director





Events at Riverwood — January

January was packed with all sorts of enriching events to keep our residents engaged, active, and smiling!



Piano by Rick Lane — January

On January 6th, Mr. Lane played piano for our residents at Riverwood. Our residents always love his performances



Celebrating Rose Day

February 7th at 4:00 pm - 5:00 pm

Rose Day marks the beginning of Valentine's week, and everyone knows how much Riverwood loves love! Be sure to join us for this event which is sure to be a good time.



Performance from Georgia Mountain Music

February 9th from
2:30 pm to 3:30 pm

Enjoy some sounds of home with Georgia Mountain Music, a band whose tunes celebrate our local culture and heritage.



Karaoke Party with Trina

February 9th from
10:00 am to 11:00 am

Warm up those vocal cords, it's time to sing! Trina from CenterWell Home Health will be leading a karaoke party that is sure to be a blast.





Valentine's Day Party

February 14th from
2:00 pm to 3:00 pm

Family and friends are invited to join us as we host our annual Valentine's Day Party! This shindig will include a performance by Terri Helton, so come on down!



Pathways Celebrating Mardi Gras

February 21st from
11:30 am to 1:30 pm

Live entertainment, a delightful lunch, and door prizes are all things to look forward to at this year's Mardi Gras family day!



Touring the Rome-Floyd ECO Center

February 23rd from
10:30 am to 12:00 pm

Residents are invited to a field trip to the Rome-Floyd ECO Center, a natural resource education center showcasing our area's native wildlife, rivers, and ecology.



Touring the Rome Area History Center

February 28th from
10:30 am to 12:00 pm

We will also be having a trip to the Rome Area History Center, featuring exhibits on Native Americans, the Civil War, and cultural development.

**Save
the
Date**

Feb. 7th — Celebrating Rose Day
Feb. 9th — Karaoke Party
Feb. 9th — Georgia Mountain Music

Feb. 14th — Valentine's Day Party
Feb. 21st — Celebrating Mardi Gras
Feb. 28th — Touring the Rome History CTR



Goldie Ingram

Goldie Ingram has been with us since July 2019 and is a sincerely appreciated light in the community. She is always kind to residents and staff, going about her day with a thankful heart. We appreciate you for being you, Goldie!

WELCOME NEW RESIDENTS! 🏠

Joann Spears
Dean Dobbs
Charlotte Moody
Dorothy Kitchens



Happy Birthday

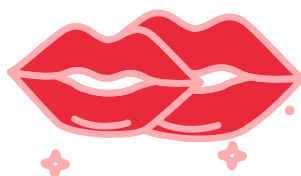


Resident

Anne Medlock Feb. 7
Shirley King Feb. 12
Alice Cormany Feb. 28

Employee

Nancy Wolski Feb. 6
Patrice Cheneau Feb. 14
Jeanna Brown Feb. 14
Samantha Waddell Feb. 17
Shannon Shirey Feb. 18
Angie Epperson Feb. 27



FUN FACTS

- » On February 1, 1884, The Oxford Dictionary debuted.
- » In February 1893, Thomas A. Edison finished the construction of the first motion picture studio, the Black Maria located in West Orange, New Jersey.
- » The second full-length animated Walt Disney film, Pinocchio, premiered on February 7, 1940.
- » In 1972, the first hospital in the United States, Pennsylvania Hospital, opened on February 11th.
- » On February 2, 1848, U.S. and Mexico signed the Treaty of Guadalupe Hidalgo ending their war. The U.S. paid Mexico \$15 million in exchange for California, Nevada, Utah, Arizona, New Mexico, Colorado, Wyoming, and Texas.
- » February comes from “februa,” a Latin word meaning “to cleanse,” and was named after a month-long purification festival held this time of the year.
- » The probability of a February 29th birthday is 1 in 1,461. U.S. Census Bureau data reveals that only about 0.07% or 205,000 people in the U.S. have a February 29th birthday.
- » February is the only month in the year that could miss having a full moon. Some months get a blue moon (two full moons in a month), and February often ends up with none! When it does have a full moon, it’s known as the Snow Moon.
- » In February 1885, Mark Twain’s The Adventures of Huckleberry Finn was published for the first time.

WORD FIND

P	J	I	C	K	A	Q	K	J	N	S	Y	U	B	F	D	J	M	C	I	C	E	T	R	O
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C	U	D	R	Z	L	P	I	N	O	C	C	H	I	O	T	A	F	C	G	H	I	L	B	O
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H	M	S	Q	S	L	T	J	L	Z	P	N	Q	L	D	J	V	T	M	D	X	I	U	V	E

FEBRUARY

MOON

LEAP

PINOCCHIO

ROMANCE

PISCES

AMETHYST

GROUNDHOG

OXFORD

PRIMROSE

CHOCOLATE

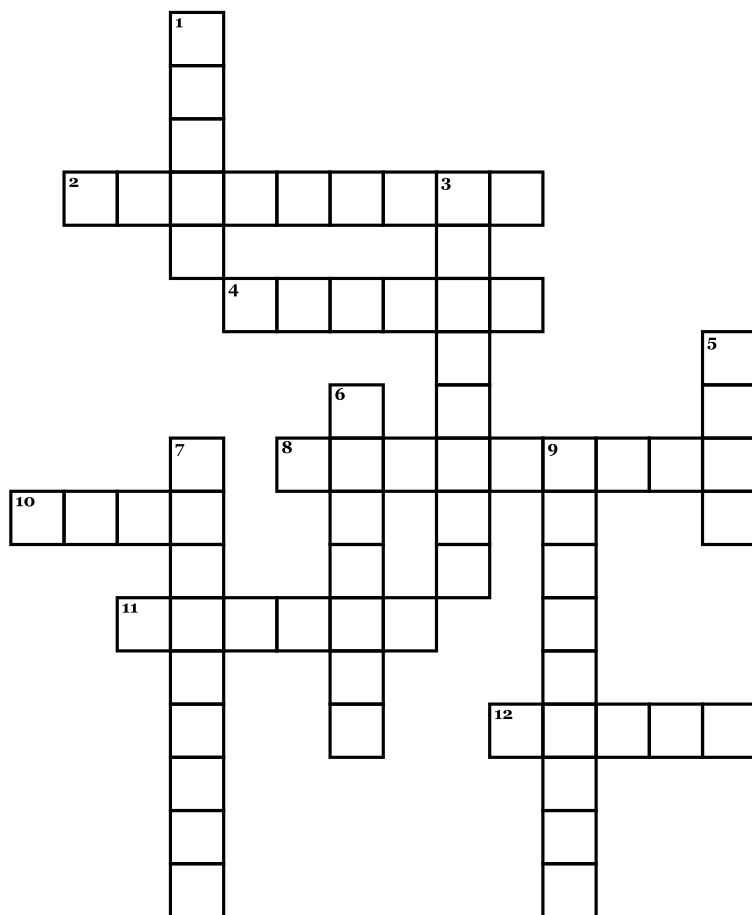
VIOLET

RABBIT

WINTER

AQUARIUS

CROSS-WORD



Down

- Chinese New Year is also known as the _____ New Year
- One of February's birth flowers
- Full moon in February name
- Roses are red _____ are blue
- Punxsutawney Phil's kind
- It comes in a heart-shaped box

Across

- Treaty of _____ Hidalgo
- 2023 is the year of the _____
- His nose grows when lying
- Leap Year occurs every _____ years
- Letters to _____
- The first motion picture studio, _____ *Maria*

EMPLOYEE OF THE YEAR

Kristy Austin



We are so excited to announce that Kristy Austin has been awarded our Employee of the Year for Riverwood! Ms. Austin has been a devoted caregiver, our residents love Kristy! Family is very special to her.

Shannon Shirey, Director of Nursing, states that we could

not have a more caring and compassionate person than Kristy. She comes in with a smile on her face, a positive attitude, a willingness to learn, and always goes above and beyond. Kristy was meant to be a caregiver.

Thank you for your hard work, Kristy, we appreciate you!

EMPLOYEE OF THE MONTH

MISTI HUDSON



We are thrilled to announce that Misti Hudson, Nurse, has been chosen as Employee of the Month for February!

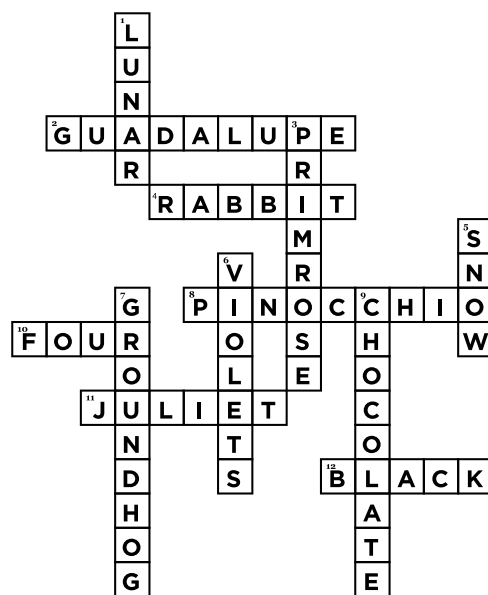
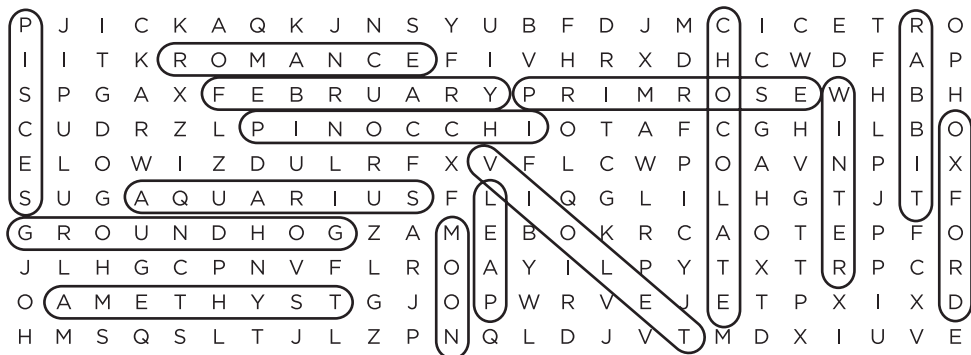
Ms. Hudson states that her favorite thing about working at Riverwood is the residents. She enjoys getting to know them. They have become

family. Ms. Hudson states when she is not at Riverwood she loves to read, watch movies, and spend time with her family.

Shannon Shirley, Director of Nursing, states that Ms. Hudson is an asset to our community. Her love for our residents shows daily.

We appreciate the dedication and support she gives to our residents and our community!

ANSWER KEY



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RiverwoodRetirement.com

