#### WHAT'S COMING UP

January 1st Commitment Day

January 13th Korean American Day

> January 14th Ratification Day

**January 16th** Martin Luther King Jr. Day

January 18th National Thesaurus Day

January 19th Good Memory Day

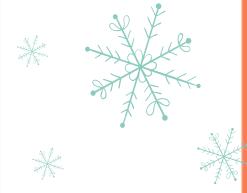
January 20th Take a Walk Outdoors Day

January 22nd Celebration of Life Day Chinese New Year

> January 25th Opposite Day

January 28th Local Quilt Shop Day National Kazoo Day

January 31st National Hot Chocolate Day





## JANUARY 2023 NEWSLETTER



#### Happy New Year,

A New Year is an opportunity for new beginnings. What new opportunities are you looking forward to? Perhaps you'll engage in more activities with neighbors, or stay active by exploring our community. The greatest new beginning, as it always is, is the fresh start provided to us by Christ our Lord.

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" - 2 Corinthians 5:17

As we leave 2022 behind and look forward to this new 2023, let us be reminded to leave behind any weight we needn't carry on our souls. Christ frees us of all weight and washes us clean and new.

Do you have specific ideas for weekly activities or monthly clubs you would like to see in our community? If so, please don't hesitate to reach out to any staff member. We are all invested in making our shared time together as joyful as possible.

Thank you for the wonderful year, we are looking forward to spending another with you and your loved one(s).

**Sincerely,** Your Riverwood Family





## **Rome Christmas Parade**

Our residents participated in the Rome Christmas Parade, one of the biggest in years. There were over 100 participants in the parade and it's estimated over 20,000 people attended the parade. The residents had a ball!



## **Gingerbread House Construction**

Jamie Hibberts, our Dietary Director, made gingerbread houses with residents. They turned out awesome and the residents did a great job decorating! They were added to the Christmas Village which is displayed in our dining room.







## **Family Christmas Social**

Residents enjoyed decorating the tree outside for the lighting of the Christmas Tree at our Family Christmas Social.



## **Shorter University Chorale**

Our residents received a wonderful performance from the Shorter University Chorale. They were so good! The residents did not want it to end.





## Martha Jane's Outing January 4th at 1:00 pm

Riverwood will visit Martha Jane's for their famous fudge in this sweet trip.



**Rich Lane, Pianist** January 6th from 2:00 pm to 3:00 pm

You won't want to miss this piano performance by Rich Lane. It's truly beautiful music that begs to be heard!



# Euharlee History Museum & Washington King Bridge

January 11th at 1:00 pm

Our residents will tour the Euharlee History Museum and the Washington W. King Covered Bridge in this fun field trip.





## **Savoy Automobile Museum** January 18th from 9:30 am to 11:30 am

The Savoy Automobile Museum tour will also be an entertaining and educational trip outside of the community that our residents can take part in!



**Cracker Barrel** January 19th from 10:00 am to 12:00 pm

Residents love Cracker Barrel and are excited to visit! We are sure to take some time out to shop a little in the store.



**Family Connection Social** January 26th from 12:00 pm to 2:30 pm

Come join us for our Family Connection Social. We will have a delightful lunch, entertainment, games, and door prizes!







#### **Beth Green**

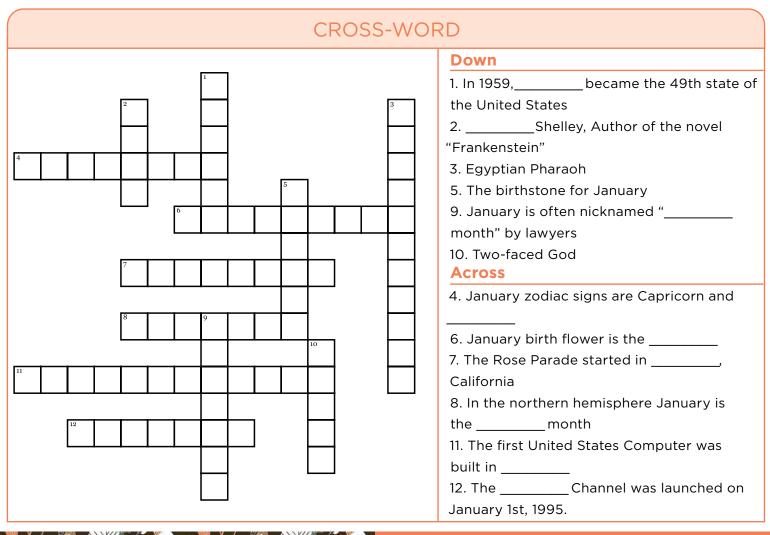
We would like to recognize Beth for our first resident spotlight in 2023. In the time that we've shared with Beth at Riverwood she has always been a joy and a light in any room. She participates in group activities and events led by our staff and gives them a kind word whenever she does. Thank you, Beth, for being you and for joining our community. It is made better by you being a part of it.



#### FUN FACTS

- » Much like today, the Ancient Romans saw the start of January as a bridge between the past and the future. January, in the depths of winter, was seen as a reflective period to take stock of the previous year and to plan on what the new year could bring. It's unclear, however, if any resolutions were distinctly set in regards to conquering the world!
- » On January 19th 1933, 60 inches of snow fell at the Giant Forest Weather Station in California, marking the record for snowfall for the Golden State. Thousands of people were stranded in their cars along the mountain highways for several days during the unexpected blizzard.
- » Civil rights legend Martin Luther King Jr. was an instrumental figurehead in the fight for the rights of the African-American community during the time of segregation in the United States. Tragically, Martin Luther King was assassinated in 1968. To remember the man and what he stood for, Americans celebrate every third Monday in January. This is because Martin Luther King Jr. was born on January 15th, 1929.
- » Seven US states obtained their statehood in the month of January. The time span of the first and last January statehood is an incredible 171 years. The seven states are Georgia (4th) and Connecticut (5th) in 1788, Michigan (26th) in 1837, Kansas (34th) in 1861, Utah (45th) in 1896, New Mexico (47th) in 1912, and Alaska (49th) in 1959.
- » On January 2nd, 1960 the hottest ever southern hemisphere temperature was recorded in Oodnadatta, Australia, at a scorching 123°F. That's blisteringly hot! Saying that, with new heat records falling in the northern hemisphere year after year, it won't be long before that record is smashed. That means not only is January the coldest month, it's also the hottest too!

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EMPLOYEE RECOGNITION PROGRAM

## **Thank You,** for your outstanding service & care!

### EMPLOYEE OF THE YEAR

#### Kristy Austin



We are so excited to announce that Kristy Austin has been awarded our Employee of the Year for Riverwood! Ms. Austin has been a devoted caregiver, our residents love Kristy! Family is very special to her.

Shannon Shirey, Director of

Nursing, states that we could not have a more caring and compassionate person than Kristy. She comes in with a smile on her face, a positive attitude, a willingness to learn, and always goes above and beyond. Kristy was meant to be a caregiver.

Thank you for your hard work, Kristy, we appreciate you!

#### EMPLOYEE OF THE MONTH

#### PAUL VITT



Congratulations to Paul Vitt!

Mr. Vitt moved to Georgia with his wife, Laura, from the Chicago suburbs about 17 years ago. They moved to Marietta, GA where Mr. Vitt owned and operated a business for 15 years.

In 2020, Mr. Vitt retired but after about a year of retirement he decided to get back to work and found the perfect spot at Riverwood Senior Living.

Paul enjoys driving the residents to and from their appointments, shopping, and sightseeing. He states that it's great to interact with the residents within the community.

Mr. Vitt is happy to be here at Riverwood, and we are happy he's here too. The residents love him so much!

#### ANSWER KEY

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#### CONNECT WITH US



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