

WHAT'S COMING UP

November 6th
Daylight Savings Ends

November 11th
Veterans Day

November 13th
World Kindness Day

November 15th
America Recycles Day

November 18th
Apple Cider Day

November 24th
Thanksgiving

November 28th
Cyber Monday

November 29th
Giving Tuesday



NOVEMBER 2022 NEWSLETTER



Welcome to November!

Soon, the days will shorten, the leaves will change, and autumn-themed activities will flavor our daily lives. It is the time of the year when the air gets crisper and we all look forward to spending more time with our friends and families.

I love this time of the year and I continuously remind myself that the consistency of the earth's seasons is a reflection of its Maker and the steadiness of His character.

James 1:17 tells us, "Every good gift and perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning. He is the bountiful giver of all good things and sheds on us the light of his love and purity."

In November we celebrate National Gratitude Month which encourages us to embrace the power of gratitude. Gratitude is more than simply saying "thank you." Gratitude has the ability to shift us from focusing on the negative to appreciating what is positive in our lives. Practicing daily gratitude gives us a deeper connection to ourselves, the world around us, and our Creator.

Everything in our lives has the ability to improve when we are grateful. Research has shown that gratitude can enhance our moods, decrease stress, and drastically improve our overall health and well-being. On average, grateful people tend to have fewer stress-related illnesses and experience less depression and lowered blood pressure, they are more physically fit and they are happier!

I am grateful to each and every one of you for being part of the Riverwood family! I hope you have a very blessed holiday with those you cherish most.

Happy Thanksgiving to you and yours,

Selina Bradley,
Executive Director



Fall Festival

On September 29th we held our Fall Festival with live entertainment, delightful hors d'Oeuvres, and family fun.



Shopping at Mount Berry Mall

Our residents love to shop and had a ball at this outing to the Mount Berry Mall!

SUDOKU

PUZZLE 1

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PUZZLE 2

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Snapshots of Riverwood

Enjoy these photos from our community!



Tour of the Chieftains Museum

On November 3rd at 10:30 am

The Chieftain Museum is dedicated to Cherokee and Native American history and culture and is a landmark of the historic Trail of Tears. *Image courtesy of wikimedia.org.*



Floyd Spring Baptist Church Choir Performance

November 9th at 10:30 am

Our residents love when the choir comes to perform, they truly uplift our residents and put a smile on their faces!



Riverwood Lunch Outing & Shopping

November 9th at 11:30 am

We are going to dine at the Harvest Moon restaurant for lunch and then take advantage of the unique shopping that downtown Rome has to offer!



Veterans Day Ceremony
November 11th at 11:00 am

We love and honor our veterans at Regency! We plan to honor them with a flag-pinning ceremony and remember those we've lost with a candlelight vigil.



Etowah Senior Center Gathering
November 22nd at 2:00 pm

Our residents are going to meet our neighbors and have some fun at the Etowah Senior Center. We might even play some pool, we'll see!



Thanksgiving Luncheon
November 17th at 12:00 pm

We will have live entertainment, Thanksgiving trivia, and door prizes for all who attend! Come celebrate with your loved one(s)!



Rome's Lock and Dam Picnic

Our residents love picnics and fall colors. This is going to be the perfect place for both, with the river and trees changing their leaves. It's going to look like artwork in motion!



Joseph Homer Bishop

Joseph Homer Bishop, alias Mr. B, was born in Haralson County, GA in 1942 and graduated from Buchanan High School. His father was a farmer so Mr. B and his eight siblings spent their time working the farm.

After graduation, he was employed by the Atlanta Police Department as a civilian employee working with fingerprints, crime scenes, and evidence. His career was interrupted by a tour of duty with the army in Vietnam.

When he returned home, he resumed his job with the Atlanta Police Department. He took early retirement and was hired for the same job this time with Cobb County. He retired from Cobb County as Supervisor of the Evidence Department with 48 years of experience.

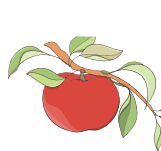
Mr. B was previously married to Jacqueline Daniell and they had two children, Daryl and Daniel. He now also has three grandchildren and married Martha Durham in 2011.

Currently, Mr. B is a proud member of Mountain View Baptist Church in Buchanan, GA. Thank you for sharing your time with us, Mr. B! We appreciate you!



WELCOME NEW RESIDENTS!

Dorothy Terry
Janice Nelson
Elizabeth Trammell
Melanie Wood



Happy Birthday



Resident

Louise Waters Nov. 15th
Allie Maddox Nov. 17th
Barbara Bevis Nov. 22nd

Employee

Marva Adams Nov. 7th
Rebecca Reeves Nov. 15th

FUN FACTS

- » November's name has remained unchanged since the ancient Roman calendar, which was in use until 45 BC.
- » Many people in the US can recall what they were doing at 12:30 pm on November 22, 1963. It was on this day that President John F. Kennedy, known as JFK, was fatally shot while riding along with his wife in a procession of cars.
- » The Anglo-Saxons had quite the fitting name for November. It's usually at this time of the year in the northern hemisphere that cold winds start to chill you to the bone, and as such, they called it "Wind Monath", or wind month.
- » The fifth of November marks a historic day in the UK. On this day in 1605, a group of Roman Catholics plotted to blow up the English Parliament while King James I was inside. Fortunately, the plot was foiled. Every year festivities are held across the country to celebrate the group's failure, which includes setting off countless fireworks, lighting bonfires, and even setting alight effigies of Guy Fawkes, one of the conspirators.
- » The US has its own historic day, too. Thanksgiving is celebrated on the fourth Thursday of November and has been celebrated since 1621. The first Thanksgiving was a feast celebrating the first bountiful harvest of the pilgrims of Plymouth and New England. It is still celebrated in a similar way, with families coming together and sharing plentiful amounts of food traditionally available during November.
- » In the US, the full moon in November is traditionally called the Beaver Moon.



WORD FIND

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MONOPOLY

PUMPKINS

SAGITTARIUS

FAMILY

TOPAZ

POPPY

ZUCCHINI

LAIKA

SCORPIO

MEXICO

ARMISTICE

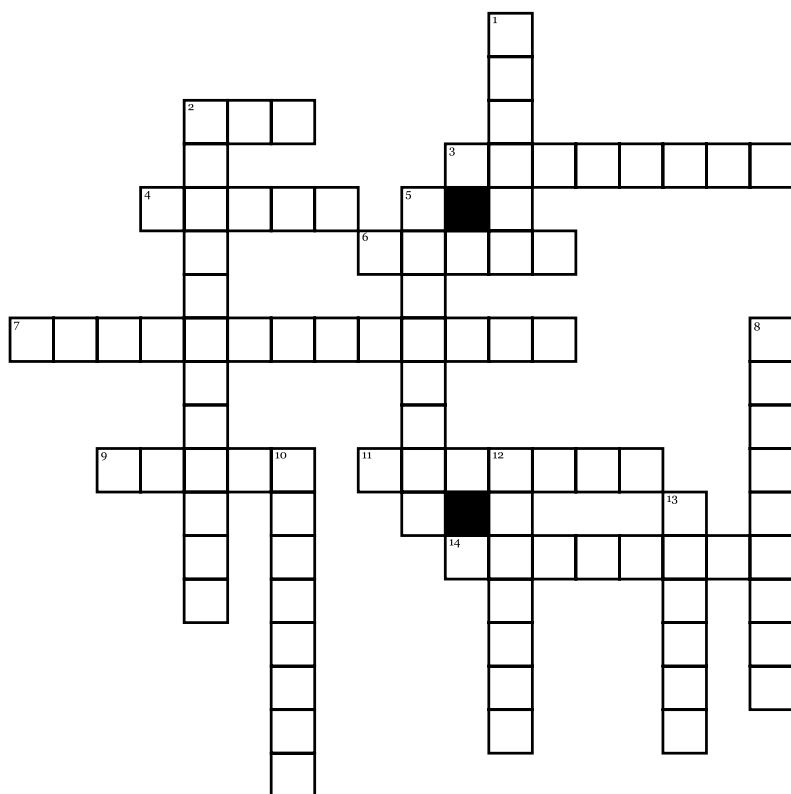
SQUASH

SPUTNIK

VETERAN

RUSSIA

CROSS-WORD



Down

1. November is the official month of _____ pudding lovers
5. The presidential election in the USA is always in _____
8. In Finland, the word for November is _____
10. The popular board game _____ was released in November 1935
12. On November 1st, the people of Mexico celebrate Dia de Los _____
13. Guy _____ Conspirator that try to kill King James I?

Across

2. King ___'s Tomb was discovered on November 4th, 1922.
4. The first living creature in space was a Russian dog named? _____
6. The _____ is a symbol of strength and honor
7. The official flower for the month of November is the _____
9. The Latin word for 9? _____
11. The x-ray was invented in _____ in November 1895
14. In the US November 11th is known as _____ Day

EMPLOYEE OF THE YEAR

Angie Epperson



We are thrilled to announce that Angie Epperson has been awarded our “Best of the Best” Employee of the year for the ENTIRE company! Angie has been a devoted employee of Riverwood for 23 years! Angie has a warm and happy spirit—you can’t help but smile when

she is in the room.

If you get the chance, please tell her how much she is appreciated!

EMPLOYEE OF THE MONTH

Whitney Flynn



Congratulations to Whitney Flynn for being our Employee of the Month for November!

Ms. Flynn is a Nurse at Riverwood and said her favorite thing about working at Riverwood is the residents. She loves talking to them and hearing their stories

from their past. When she is not working she loves spending time with her husband and their two children.

Our Director of Nursing, Shannon Shirey, stated, “Whitney is a delight and is a great asset to our nursing team.”

Thank you for your hard work, Whitney, we appreciate you!

ANSWER KEY

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PUZZLE 1

PUZZLE 2

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