

## WHAT'S COMING UP

### **September 4th**

National Wildlife Day

### **September 5th**

International Day of Charity

Labor Day

### **September 6th**

National Read a Book Day

### **September 8th**

World Physical Therapy Day

### **September 9th**

International Sudoku Day

### **September 11th**

Grandparents Day

Patriot Day

### **September 15th**

Greenpeace Day

### **September 16th**

POW/MIA Recognition Day

### **September 21st**

World Alzheimer's Day

World Gratitude Day

### **September 22nd**

Fall Equinox

Falls Prevention

Awareness Day

### **September 23rd**

Native American Day

### **September 25th**

National Cooking Day

Rosh Hashanah

### **September 28th**

National Good Neighbor Day

## SEPTEMBER 2022 NEWSLETTER



*Riverwood*  
Senior Living

### ***Hello Regency Riverwood Friends and Family,***

August was lovely, but we are certainly looking forward to the cooler temperatures and autumn breezes that September will bring.

We are so thankful to call such a beautiful land home. The tours in Cave Springs and downtown Rome served as an excellent reminder of how lucky we are to live where we do. This month we plan to continue exploring our state, so look forward to Cartersville, the Oostanaula Rivers, and more.

"But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." - Isaiah 40:31

Sometimes the weight of the world can feel so heavy. It can be so tempting to just give up and stay in bed the whole day. However, no matter how powerless you feel, know that God is with you and provides greater strength than you might realize in those weak moments. With Him all things are possible.

We look forward to spending another month with you, bettering our community.

***Sincerely,***  
***Your Regency Family***



A+





## Tour of Downtown Rome, GA

Our residents had a ball touring downtown Rome. We met a lot of merchants from downtown Rome that greeted us with smiles and kind words. We went door to door exploring each unique store. We had several residents discover Honeymoon Bakery for the first time, they have the best cupcakes!



## Tour of Cave Springs, GA

Cave Springs offers a very unique small-town feel and the people there welcomed us with open arms. Our residents got to discover Martha Jane's Fudge shop and we sampled a lot of wonderful fudge!





# August Highlights

We had a great August at Riverwood. We enjoyed visits from Floyd Springs Baptist Church, celebrated birthdays and snuggled up with some of our sweet fur friends.

SUDOKU

**PUZZLE 1**

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**PUZZLE 2**

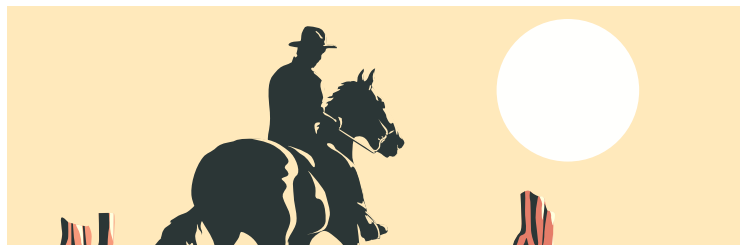
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## Etowah Crossing

September 6th at 10:30 am

We will be taking our residents to Etowah Crossing in Rome, GA to do some retail therapy. Our residents love to explore new shops and good ice cream shops!



## The Booth Western Art Museum

September 12th at 10:00 am

Located in Cartersville, GA, the Booth Western Art Museum is a museum dedicated to the western United States and is the only museum of its kind in the southeastern United States.



## James H. Floyd State Park

September 13th at 10:30 am

We will be taking a scenic country ride to James H. "Sloppy" Floyd State Park. Our residents love the outdoors and are always eager to explore the scenic views we find!







### Picnic in the Park at Ridge Ferry Park

September 14th at 11:00 am

We will enjoy the beautiful outdoor scenery of the Oostanaula Rivers, have a great lunch at the park, and take in the River Museum! It will be a great day to make wonderful memories with friends.



### Oak Hill and Martha Berry Museum

September 15th at 1:00 pm

The tour will tell the story of Martha Berry’s life and her love for her college and students. Our residents will be able to discover the journey that Martha Berry took to start her college!



### Fun in the Sun

September 16th at 2:00 pm

Our residents will enjoy a cake walk, cornhole, and homemade ice cream on our porch and courtyard. We will even have a unicycle rider! There is sure to be a lot of fun in the sun (and laughter too)!



### Berry College Archery Team

September 28th at 3:00 pm

Berry College will be coming to Riverwood to host an archery exhibition! You won’t want to miss this!

Save  
the  
Date

**Sept. 6th** — National Read a Book Day  
**Sept. 11th** — Grandparents Day  
**Sept. 11th** — Patriot Day

**Sept. 21st**— World Alzheimer’s Day  
**Sept. 22nd** — Falls Prevention Awareness Day



## Janet Tate Waters

Janet Tate Waters was born on June 23rd, 1933 in Kington, Georgia. She grew up in Rockmart, Georgia, where she spent much of her life, always returning after traveling or moving around the world.

She attended Berry College where she obtained her bachelor's degree, graduated Valedictorian, and met her husband, Bill Waters. She moved to Japan to join Bill for over a year while he was deployed in the army. There she worked at the Special Service Library and honed her cultural etiquette.

She returned to the States to teach school for 24 years. Her two children, Eric and Jean, both followed in her footsteps and retired from careers in education. When she wasn't working, she enjoyed playing, swimming, gardening, playing piano, and writing poems or biographical accounts about her family. She loves her four grandchildren whom she spent much time with. Janet is known as Janna to them.

### WELCOME NEW RESIDENTS! 🏠

Anne Gonzalez  
Mary Proctor  
Doris Crowe  
Homer Bishop



# Happy Birthday



#### Resident

Claudette Van-Vaie Sept. 6th  
Sylvia Barton Sept. 7th

#### Employee

Skylar Cox Sept. 8th  
Lakesha Dozier Sept. 18th

## FUN FACTS

- » September's name is really quite inaccurate these days. It was originally the seventh month of the ancient Roman calendar, and as such, it was named Septem, which translates into "the seventh month". It wasn't until 451 BC that the months of January and February were added to the calendar, making September the ninth month.
- » September also used to only have 29 days. Thanks to Julius Caesar's reform of the Roman calendar in 46 BC, the month now has an additional day!
- » The Romans would quite often associate different months with different gods. The month of September is associated with Vulcan, the Roman god of fire, quite possibly because it was a fiery hot month back when it was the seventh month of the year.
- » In the year 1752, the British Empire skipped the 11 days of September between the 2nd and 14th. This was actually due to another calendar change, although this time it was when the British Empire changed from the Julian calendar to the Gregorian calendar.
- » Back in the days of the Anglo-Saxons, September used to be called Gerst Monath, which translates into "barley month." It was given this name because it was the time of year that the barley crop was harvested, and it was a special time as they brewed a popular drink out of it.



## WORD FIND

P T I C X J L O I X H C O N S T I T U T I O N S E  
 U E Y P S G B D A V A S T E R F F L B E Q C G F Y  
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CONSTITUTION

LIBRA

BOSTON

BARLEY

ASTER

SAPPHIRE

HARVEST

FIRE

VULCAN

GLORY

EQUINOX

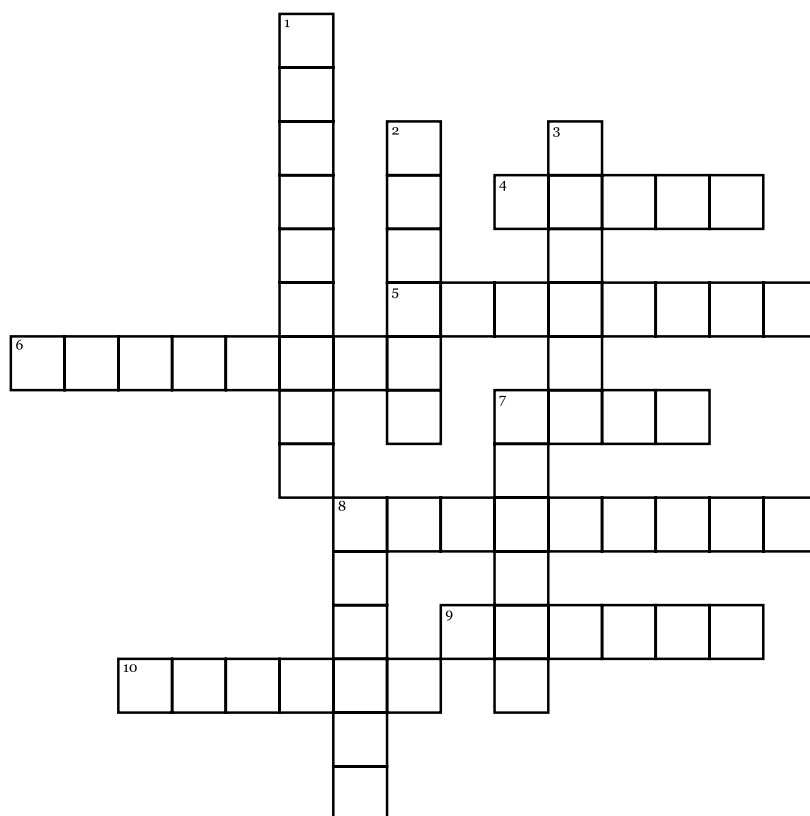
PENTAGON

PIRATE

VIRGO

ROMAN

## CROSS-WORD



### Down

1. In 1752 the British Empire changed the calendar from Julian to \_\_\_\_\_.
2. What was September's name in the ancient Roman calendar? \_\_\_\_\_
3. September 13th is International Talk Like a \_\_\_\_\_ Day.
7. The first newspaper in the US was published in \_\_\_\_\_.
8. On September 1, 1939 Hitler invaded \_\_\_\_\_.

### Across

4. September has two star signs Virgo and \_\_\_\_\_.
5. The common sapphire is blue due to high contents of \_\_\_\_\_ and iron.
6. What is September's birthstone? \_\_\_\_\_
7. National Drink a \_\_\_\_\_ Day is in September.
8. Sapphires protect the wearer from \_\_\_\_\_ and evils.
9. On September 2, 1666, fire burned the city of \_\_\_\_\_.
10. Who is the Roman god of fire? \_\_\_\_\_



## EMPLOYEE OF THE YEAR

### Angie Epperson



We are thrilled to announce that Angie Epperson has been awarded our "Best of the Best" Employee of the year for the ENTIRE company! Angie has been a devoted employee of Riverwood for 23 years! Angie has a warm and happy spirit—you can't help but smile when she is in the room. If you get the chance, please tell her how much she is appreciated!

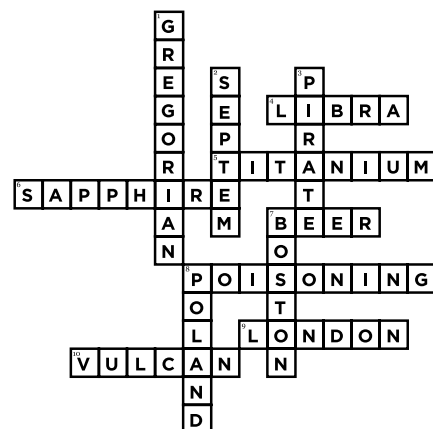
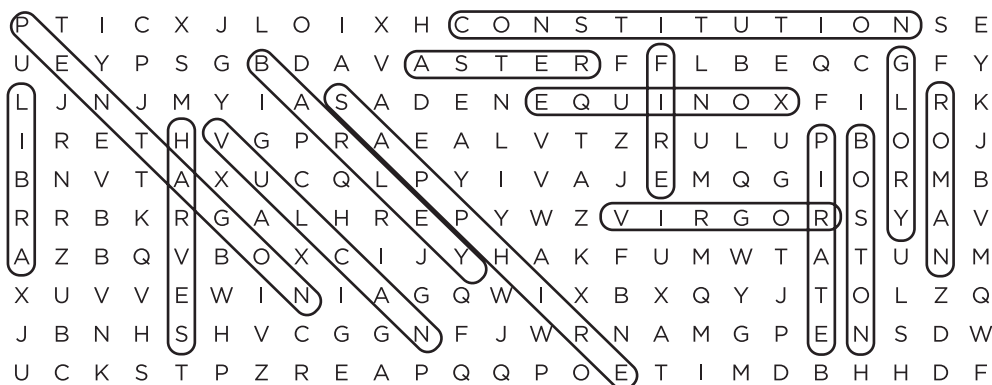
## EMPLOYEE OF THE MONTH

### Dorian Hodges



Congratulations to Dorian Hodges for being our Employee of the Month for September. Ms. Hodges is a dietary aide at Riverwood. Ms. Hodges is a mother and grandmother. Her world revolves around her children and grandchildren. She enjoys crafting, clearance shopping, and helping anyone that needs assistance. Ms. Hodges' focus at Riverwood is to always ensure our residents are happy and healthy.

## ANSWER KEY



## CONNECT WITH US

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[RiverwoodRetirement.com](https://www.RiverwoodRetirement.com)



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