

WHAT'S COMING UP

July 4

Independence Day

July 7

National Father Daughter
Take a Walk Day
World Chocolate Day

July 14

National Mac and Cheese Day

July 17

National Ice Cream Day

July 20

National Hot Dog Day

July 23

National Gorgeous
Grandma Day

July 24

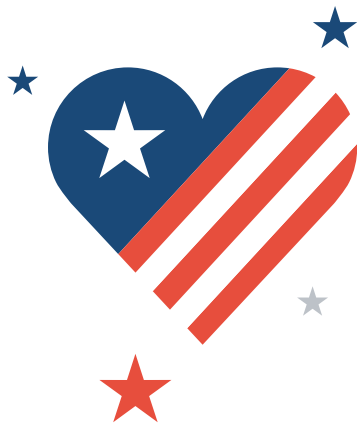
National Parents' Day

July 18

Buffalo Soldiers Day

July 30

International Day of
Friendship



JULY 2022 NEWSLETTER



Hello Riverwood friends and family,

It sure is hot outside, but our residents are staying cool in Riverwood. As your family has fun in this sun, please consider joining us for an event or visit! Residents appreciate company like yours.

“And you will know the truth, and the truth will set you free.”
— John 8:32

The scripture celebrates our freedom, and each year on July 4th our country does as well. Independence Day is a special day in our independent living community. Freedom is so important to each of our residents, the freedom to spend their day how they would like with assistance only whenever they need it.

At Riverwood, we provide attentive support while also encouraging an independent lifestyle. As a continuing care community, we are here to provide varying senior care options, as needs evolve over time. We want to assist with living, allowing residents to experience the freedom and independence that are so important to us all.

As always, thank you for trusting Riverwood with your care. We look forward to what July will bring.

With love,
Your Riverwood Family



Memorial Day Cookout — May 29th

We held a cookout to honor the sacrifice of our brave soldiers. We honored our military with a moment of silence before our luncheon.





June Activities Around Riverwood

Our residents enjoyed activities such as ring toss, cornhole, painting classes, donut day, and gardening throughout the month of June. We also enjoyed the musical stylings of Georgia's Mountain Music Band.





Independence Day Celebration

July 4th

Regency Riverwood looks forward to celebrating our country's Independence Day with all our residents! They love America, and we do too.



Croquet Tournament

July 14th from 1:00 pm - 3:00 pm

Have you ever played croquet? Many of our residents haven't, and what better way to learn than with a croquet tournament!



EMT Appreciation Luncheon

July 20th from 12:00 pm - 2:00 pm

Emergency Medical Technicians save so many lives every day, and typically the only people they see are those experiencing the worst day of their lives. We at Regency want to show them our appreciation with this luncheon.





Trolley Tour of Rome

July 26th from 1:00 pm - 3:00 pm

Our residents will get to ride on a trolley and see the sites of Rome!



Touring and Exploring the City of Cave Spring

July 27th from 1:00 pm - 3:00 pm

We are looking forward to discovering what Cave Spring is all about. Our residents will get to explore a cave too!



Fraud Prevention Seminar

July 28th from 1:00 pm - 2:00 pm

The Rome City Police Department will be visiting Regency Riverwood to teach us how we can protect ourselves from fraudsters trying to trick us into sharing our private information and money.



Tellus Science Museum

July 29th from 1:00 pm - 2:00 pm

We are looking forward to discovering what Cave Springs is all about. Our residents will get to explore a cave too!

**Save
the
Date**

July 3rd — Board Game Social
July 5th — Horseshoes
July 14th — Planting Ivy Topiaries

July 22nd — Cinema Night
July 27th — Painting Class
July 29th — Volleyball

Barbara Bevis

Ms. Barbara Bevis was born on November 22, 1931, in Jacksonville, Florida. Ms. Bevis was a high school athlete and her team won the state championship in 1949. She went on to play for the University of Florida, graduating in 1953. She married Bill Bevis in 1952. Bill was in the Marines and later was employed with Georgia Kraft in Greensboro, GA. They moved to Rome in 1961 where Barbara taught the first grade at Pepperrall Elementary for 25 years. We are blessed to have Ms. Bevis at Riverwood. We love her dearly!



Happy Birthday

Resident

Helen "Dean" Abston **July 11**



Employee

Lisa Caldwell **July 2**
 Brandi Rakita **July 13**
 Heather Greenwood **July 14**
 Stephanie Smith **July 24**
 Jerry Wilson **July 28**

WELCOME OUR
NEW RESIDENT!



Carol Davis

FUN FACTS

- » July was named after the famous Roman general Julius Caesar by the Roman senate; as it was the month he was born in. Julius Caesar was a formidable military general and statesman who was largely responsible for changing the Roman Republic into the Roman Empire. The month was previously called Quintilis (Latin for fifth) as it was the fifth month of the 10-month-long ancient Roman calendar.
- » As the second month of Summer, July is, on average, the warmest month of the year in the northern hemisphere. Its southern hemisphere equivalent is January.
- » On July 4, 1776, the 13 American colonies declared their independence from the British monarchy. The 4th of July, formally known as Independence Day, has been a federal holiday since 1870 in the United States of America.
- » July isn't just the month for Independence Day, though. There are plenty of other great holidays observed around the world! July 2nd is World UFO Day, while July 3rd is Stay out of the Sun Day.
- » On July 25, 1909, Louis Bleriot became the first man to fly an aircraft from one country to another successfully. He took off from the coast of France and landed across the channel near Dover, England.
- » There are two-star signs which fall in the month of July. If you're born before July 22nd, then your star sign is Cancer. If you're born after this day, from July 23rd onward, then you're a Leo.
- » July 12, 1943, was an explosive day. On this day, Russian and German forces fought the largest tank battle in history, with 900 tanks on either side obliterating each other at close range. After a cease-fire was ordered and the smoke cleared, there were only 300 German tanks left standing.



WORD FIND

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ALAMOGORDO
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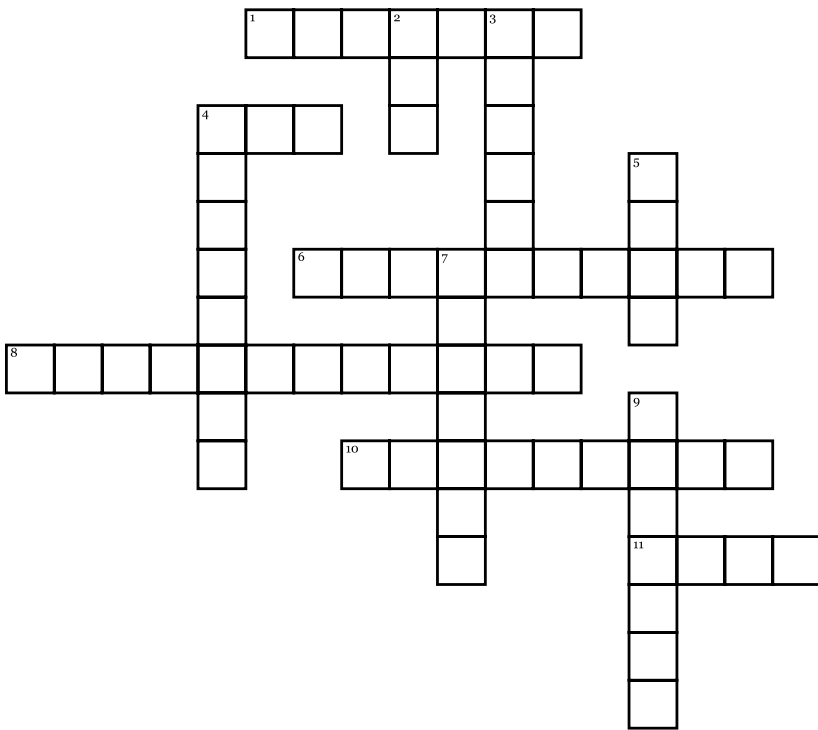
RUBY
 ARMSTRONG
 CANCER

QUINTILIS
 HEMISPHERE
 MONARCHY

JULY
 LEO
 ROMAN

NORTHERN
 EMPIRE
 REPUBLIC

CROSS-WORD



Down

2. July 3rd is Stay out of the _____ Day.
3. The first crewed mission to the moon, the _____ 11 Mission, launched on July 16, 1969.
4. July has two birth flowers - the water lily and the _____.
5. The water lily is a symbol of a _____ heart.
7. That's one small step for man, one giant leap for _____!
9. On July 25, 1909, Louis _____ became the first man to fly an aircraft from one country to another successfully.

Across

1. July 12, 1943, _____ and German forces fought the largest tank battle in history.
4. There are two-star signs which fall in the month of July. One sign is Cancer and the other is _____.
6. On July 16, 1945, the first atomic bomb was detonated in _____, New Mexico.
8. The 4th of July, formally known as _____ Day.
10. Julius Caesar was born in the month of _____ which is a Latin word for July.
11. The birthstone of July is the _____.

EMPLOYEE OF THE YEAR

Angie Epperson



We are thrilled to announce that Angie Epperson has been awarded our “Best of the Best” Employee of the year for the ENTIRE company! Angie has been a devoted employee of Riverwood for 23 years! Angie has a warm and happy spirit– you can’t help but smile when she is in the room. Please help us celebrate Angie!!

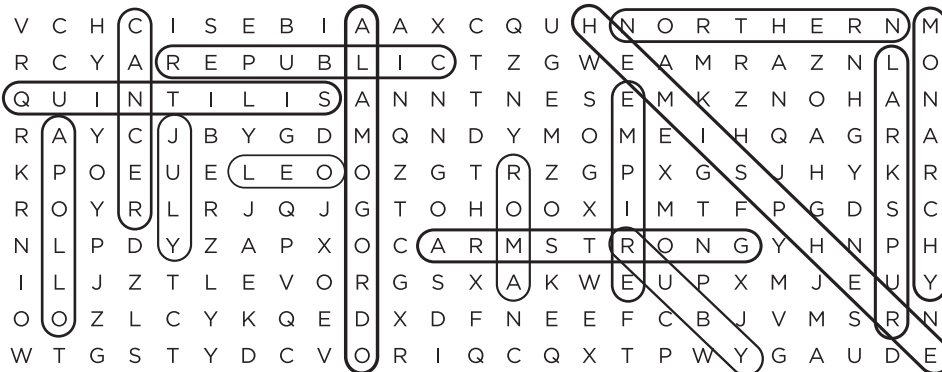
EMPLOYEE OF THE MONTH

Juliscia Ragland



Juliscia Ragland has been a caregiver in Memory Care since February of 2022 and is an asset to our Riverwood team. She is a current nursing student pursuing her RN degree. She likes listening to music and studying during her free time. When asked what she enjoys about working at Riverwood, she stated, “I have learned many things at Riverwood that will help me succeed in my nursing career. I love talking to the residents and learning new things about them. I enjoy helping the residents and being there for them.” We appreciate the dedication and support she gives to our residents.

ANSWER KEY



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